## **Gympass**

# Improved Digital Plan for your employees!

March, 2023

Myfitnesspal - one of the best nutrition apps in the world - and Fizzup - the award-winning app for personalized workouts at home - are now part of the Digital Plan as of April 25th.

[These new apps will replace Nootric and NEOU in the Digital Plan - the latter will be available from the Starter plan].

Your employees impacted by this change will be notified on March 21st and receive any assistance they might need from our customer experience team.

# The Digital Plan just got way better!

Check out the new offering



## MyFitnessPal\*

Nutrition & Food tracker

The #1 food and nutrition tracker in the US. This all-in-one app is like having a nutrition coach, meal planner, and food diary.

\*Coming soon on April



## FizzUp

Health & Fitness

An award-winning app for personalized workouts at home. Time effective workouts without equipment.



#### **Fabulous**

Creating new habits

#1 healthy habit creation for self-improvement, coaching and mental health platform.



#### Meditopia

Mindfulness & Meditation

The leading app that helps your employees reduce stress, sleep well with meditation.



#### Mobills

Financial

Your employees will be able to manage their money, track their spending, and achieve their financial goals all in one place!